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| Name: SMT.VANAJA | Reg No: 08-3SMHC19 |
| Age / Sex:54/F | Contact No:9632915184 |
| Marital Status:ML- 30 YEARS | Date:09/3/19 |
| Occupation:HOUSEWIFE. DEGREE DISCONTINUED | Dr. PJFP |
| Address:  NATIVE OF BLORE. | DIAGNOSIS- |

1. VARICOSE VEINS – 1 YEAR. On the left side.

* Dm since 10 years. Excess thirst, got doubt and then went to check.
* 2 years back got op for kidney stones then this varicose started posterior to the thigh. Now spreading lower. Allo rx started stockings.
* Glycipride 1mg / 16-0-16 units insulin.

1. Hairfall. Dye .

Past h/o:

* 2 kids ftnd. Both sons.

Personal h.o:

* Mixed. Regular good.
* At times weakness.
* Must save. Only gold she keeps buying. Sites. Assets.

Rx:

1. Hamamelis/puls – 20-20-20
2. Sygizium q – 20-20-20 a/food water.
3. Phos 200 – 1 dose.
4. Rub 30 – 1 tab night b/food.
5. Insulin1m – 4-4-4-4.1 drum

11/4/19: increased numbness in shin area. Increased varicose veins. No change at all. feeling hot hot. Wants to tie ice water cloth around. <massaging.

Rx:

1. Thuja200 -4-0-4 b/food.
2. Lachesis 200 – morning b/food.
3. Puls 200 – night b/food.
4. Rub 30 – 1 tab night b.food

11/5/19: 1 week back had little numbness and hot.

Rx:

1. Amm.mur 200 – 4 pills mng b/food.
2. Lachesis 200- 4 pills aftn b/food.
3. Puls 200- night pills b/food.
4. Rub 30 – 1 tab nt b/food.
5. Thuja 1m – 4 doses – weekly b.brush water mng.

28/6/19: only one time pain tht too after a long trip. Dad had vv too. Sleep improved.

Rx:

1. Amm.mur 200 – 4 pills mng b/food.
2. Lachesis 200- 4 pills aftn b/food.
3. Puls 200- night pills b/food.
4. Rub 30 – 1 tab nt b/food.
5. Thuja 1m – 4 doses – weekly b.brush water mng.